



FEED THEM SOUL FOOD

HOW TO START SIMPLE AND RICH
FAMILY WORSHIP AT ANY STAGE

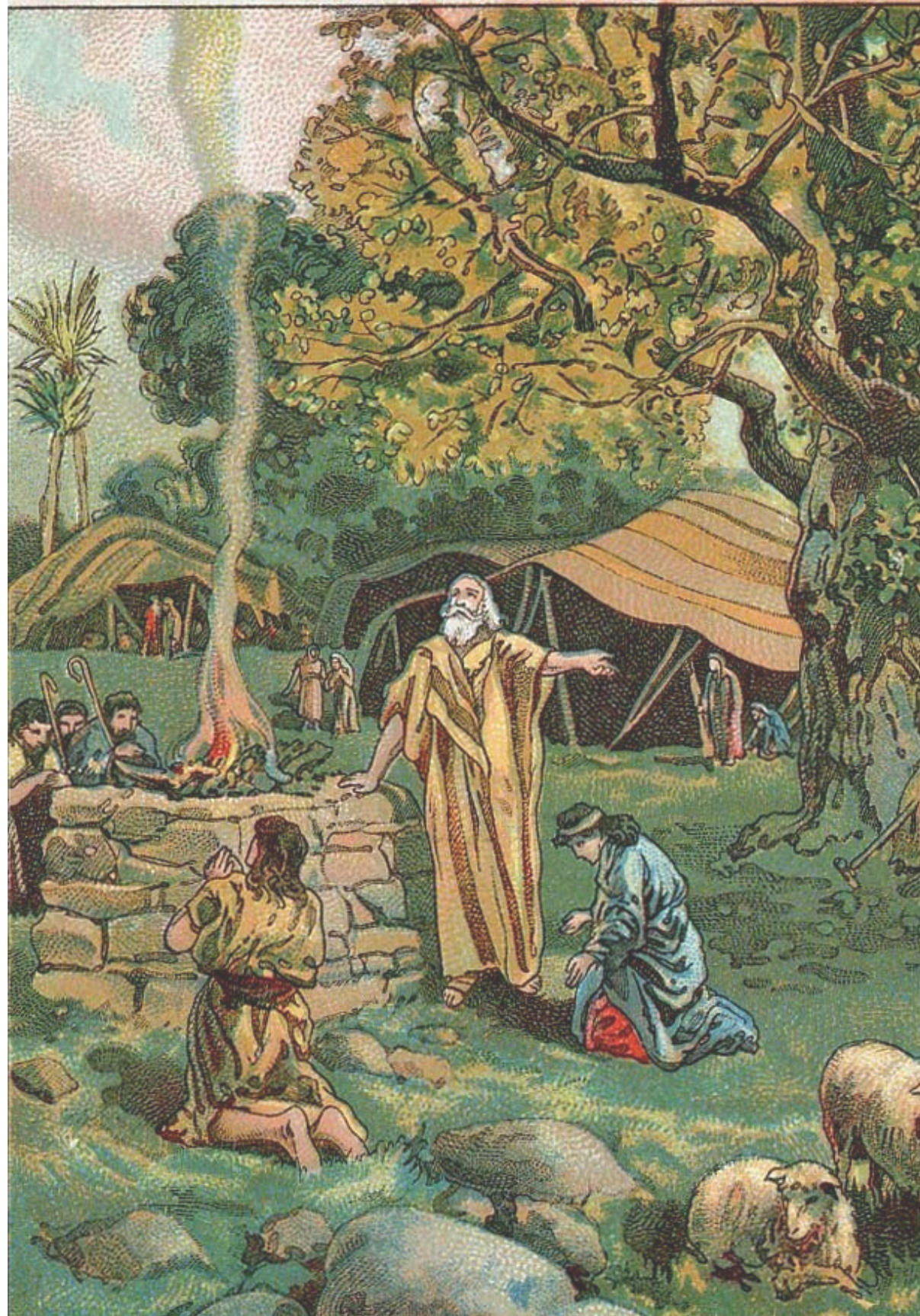
**Why Must We Do
Family Worship?**

**How Should We Do
Family Worship?**

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**How Should We Do
Family Worship?**

Family worship is the regular gathering of a household to glorify God by enjoying his means of grace together.



Why Must We Do Family Worship?

THE BIBLE COMMANDS IT

CHURCH HISTORY DEMANDS IT

YOUR FAMILY NEEDS IT

Family Worship in the Bible

Abraham – Genesis 18:19

Job – Job 1:5

Moses – Deuteronomy 6:6–7

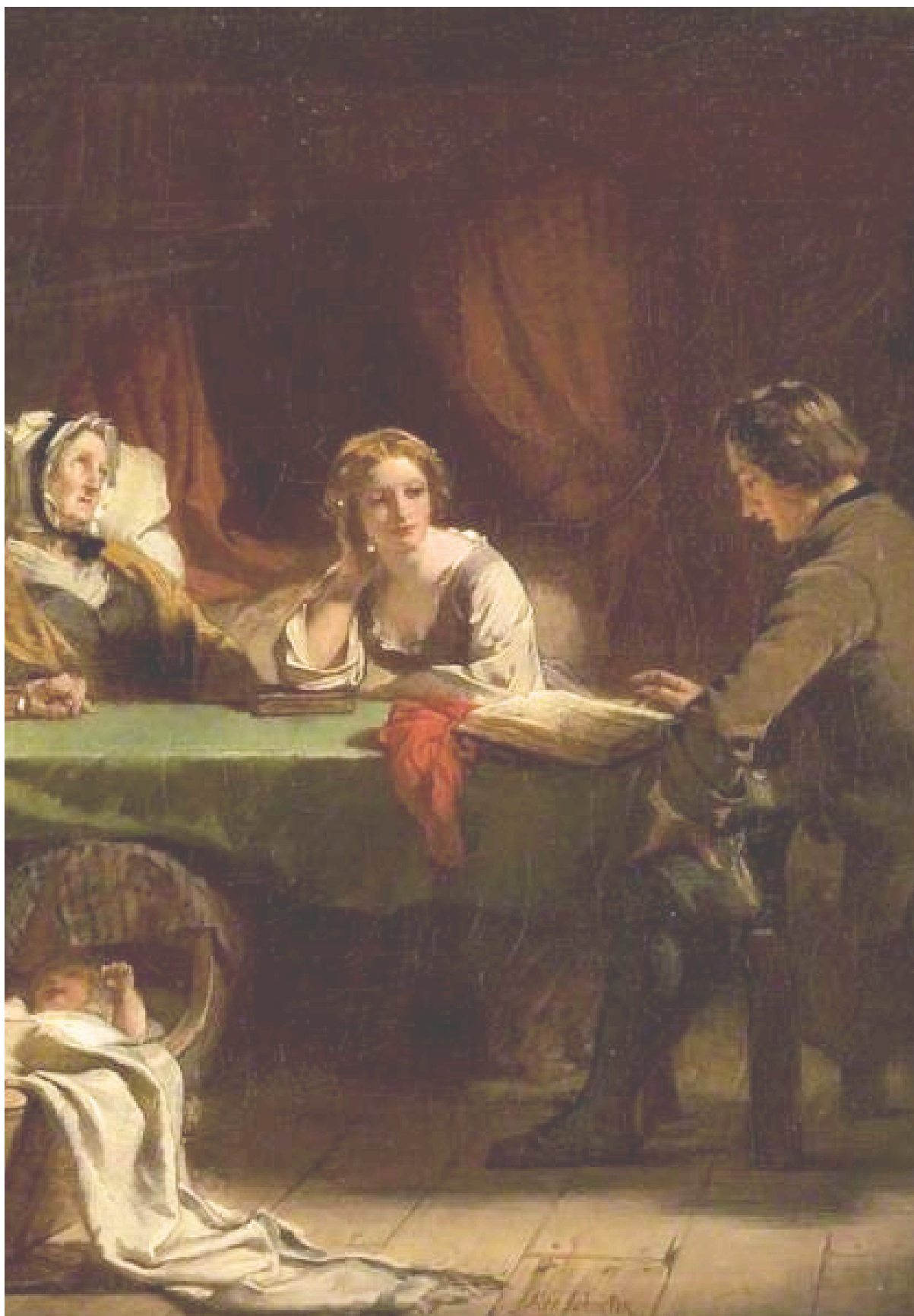
Joshua – Joshua 24:15

Asaph – Psalm 78:1–8

Jesus – Luke 18:15

Paul – Ephesians 5:25–27, Ephesians 6:4

Timothy – 2 Timothy 1:5, 3:14–15

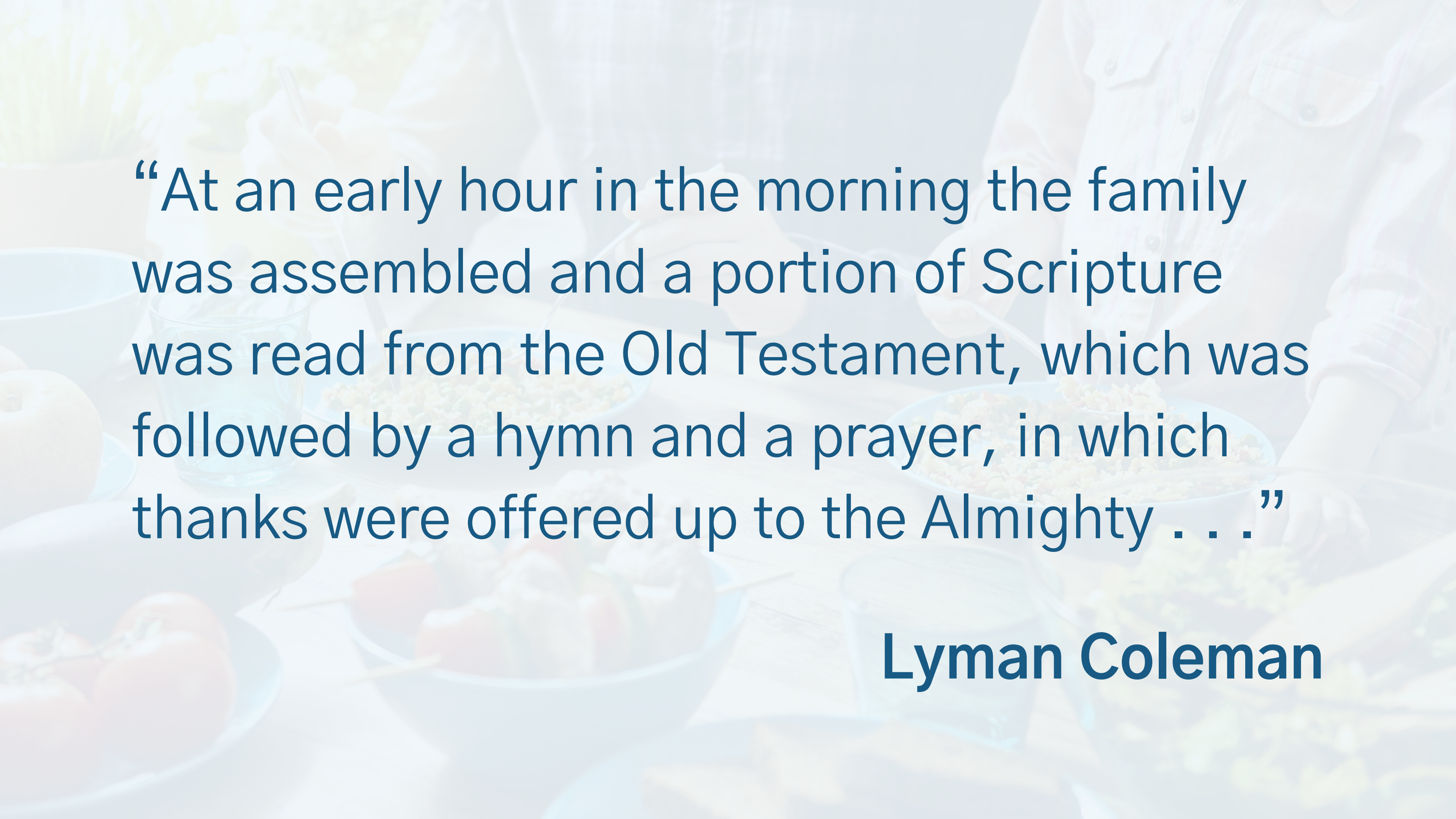


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THE BIBLE COMMANDS IT

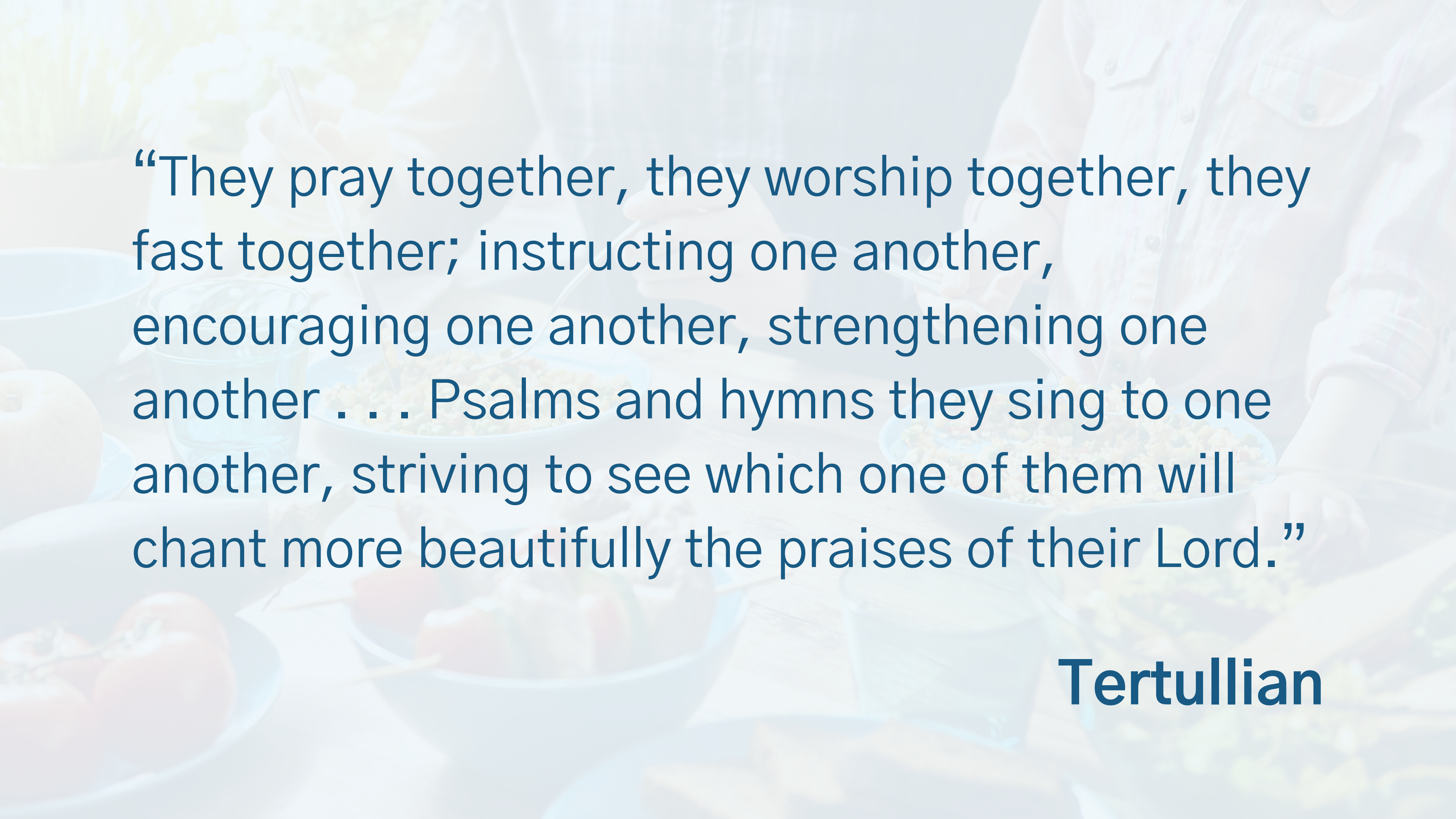
CHURCH HISTORY DEMANDS IT

YOUR FAMILY NEEDS IT

A background image showing a group of people sitting around a table, eating breakfast. The table is set with various dishes, including bowls of cereal, plates of fruit, and glasses of water. The people are wearing light-colored shirts, and the overall atmosphere is bright and cheerful.

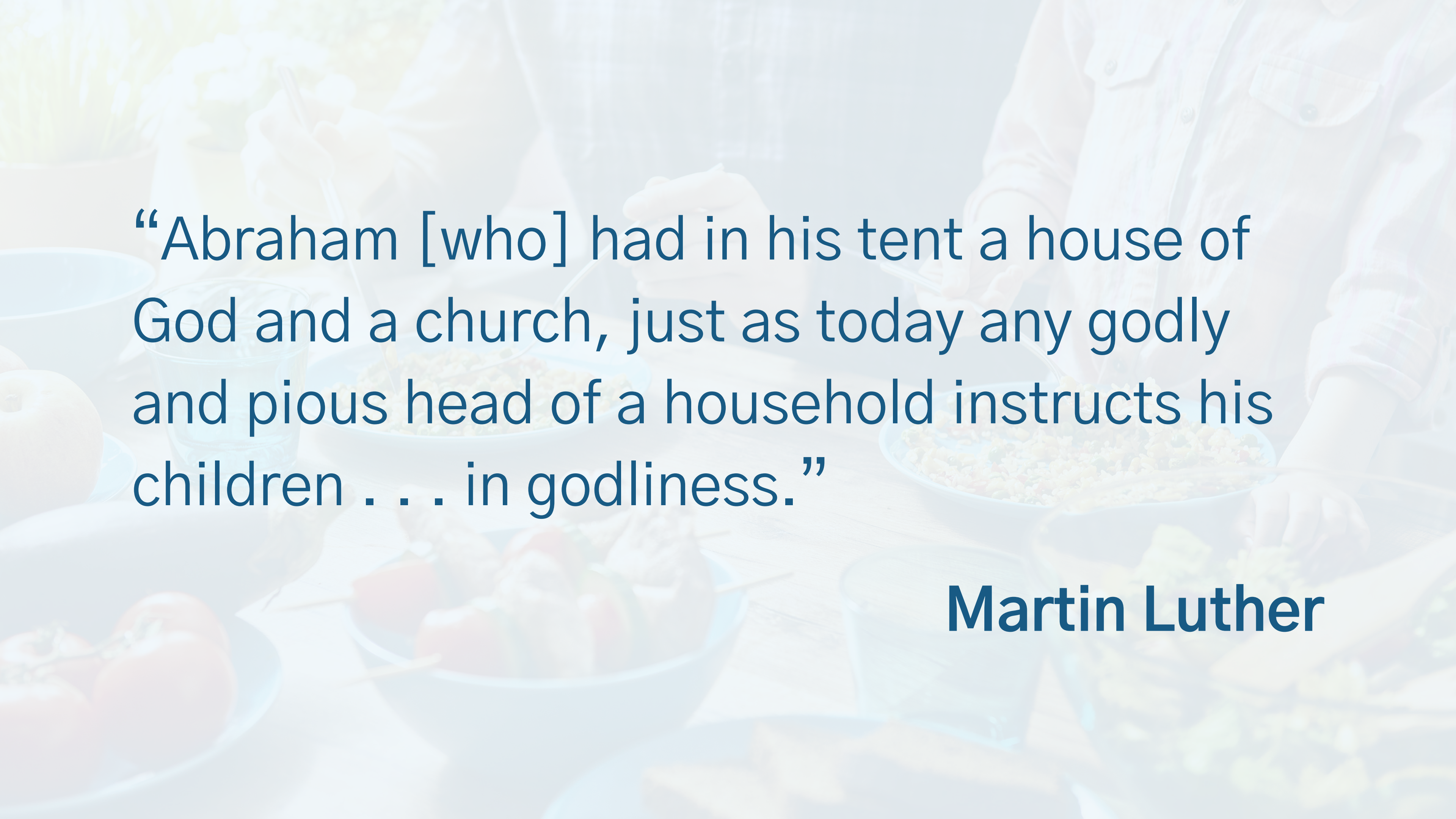
“At an early hour in the morning the family was assembled and a portion of Scripture was read from the Old Testament, which was followed by a hymn and a prayer, in which thanks were offered up to the Almighty”

Lyman Coleman

A group of people are seated around a table, engaged in a meal. The table is set with various dishes, including bowls of food, plates, and glasses. The scene is brightly lit, suggesting a warm and communal atmosphere. The text is overlaid on this background.

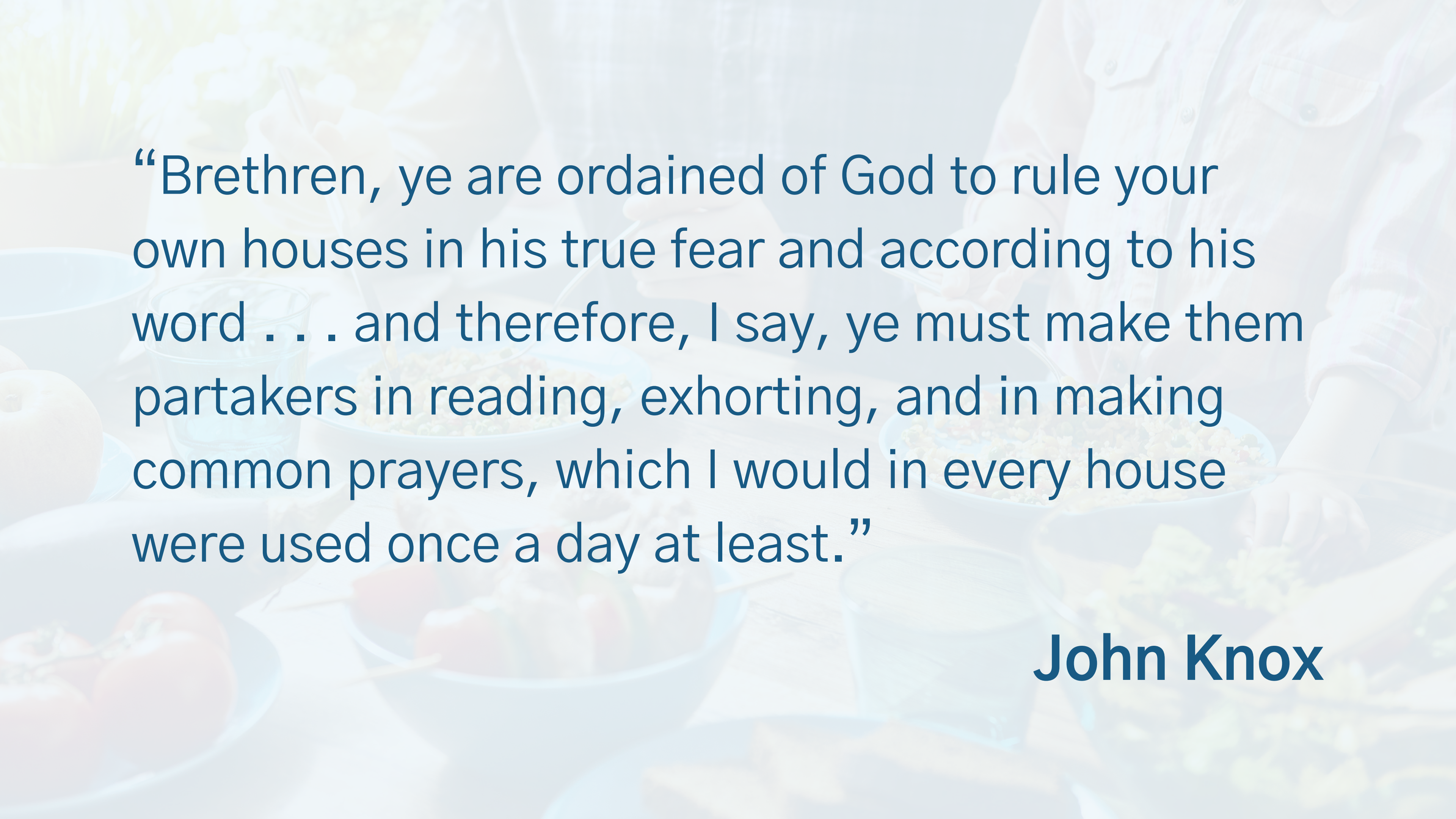
“They pray together, they worship together, they fast together; instructing one another, encouraging one another, strengthening one another . . . Psalms and hymns they sing to one another, striving to see which one of them will chant more beautifully the praises of their Lord.”

Tertullian

A background image showing a group of people, including children, sitting around a table and eating a meal. The table is set with various dishes, including bowls of food, plates of bread, and glasses. The scene is brightly lit, suggesting a warm and communal atmosphere.

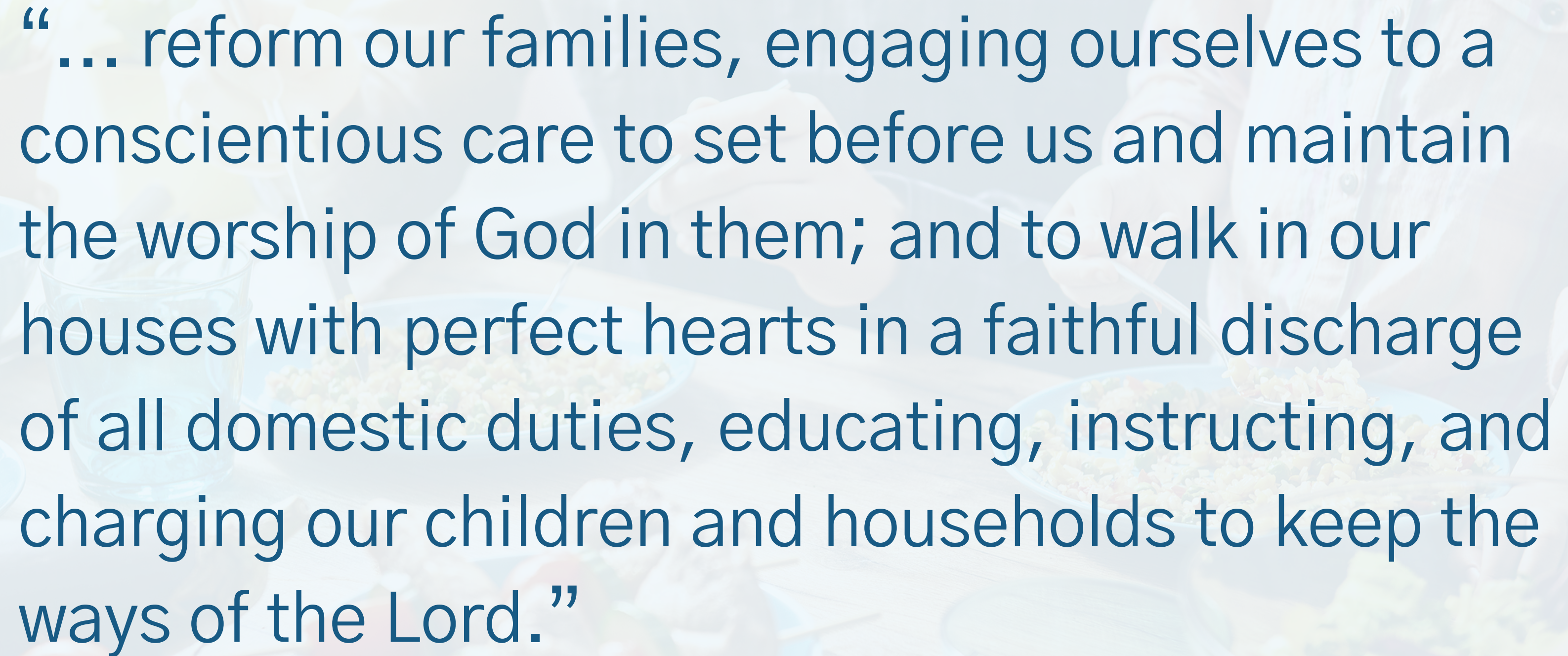
“Abraham [who] had in his tent a house of God and a church, just as today any godly and pious head of a household instructs his children . . . in godliness.”

Martin Luther

A background image showing a group of people sitting around a table, eating a meal together. The image is faded and serves as a backdrop for the text. The people are wearing light-colored shirts, and the table is set with various dishes, including bowls of food and glasses.

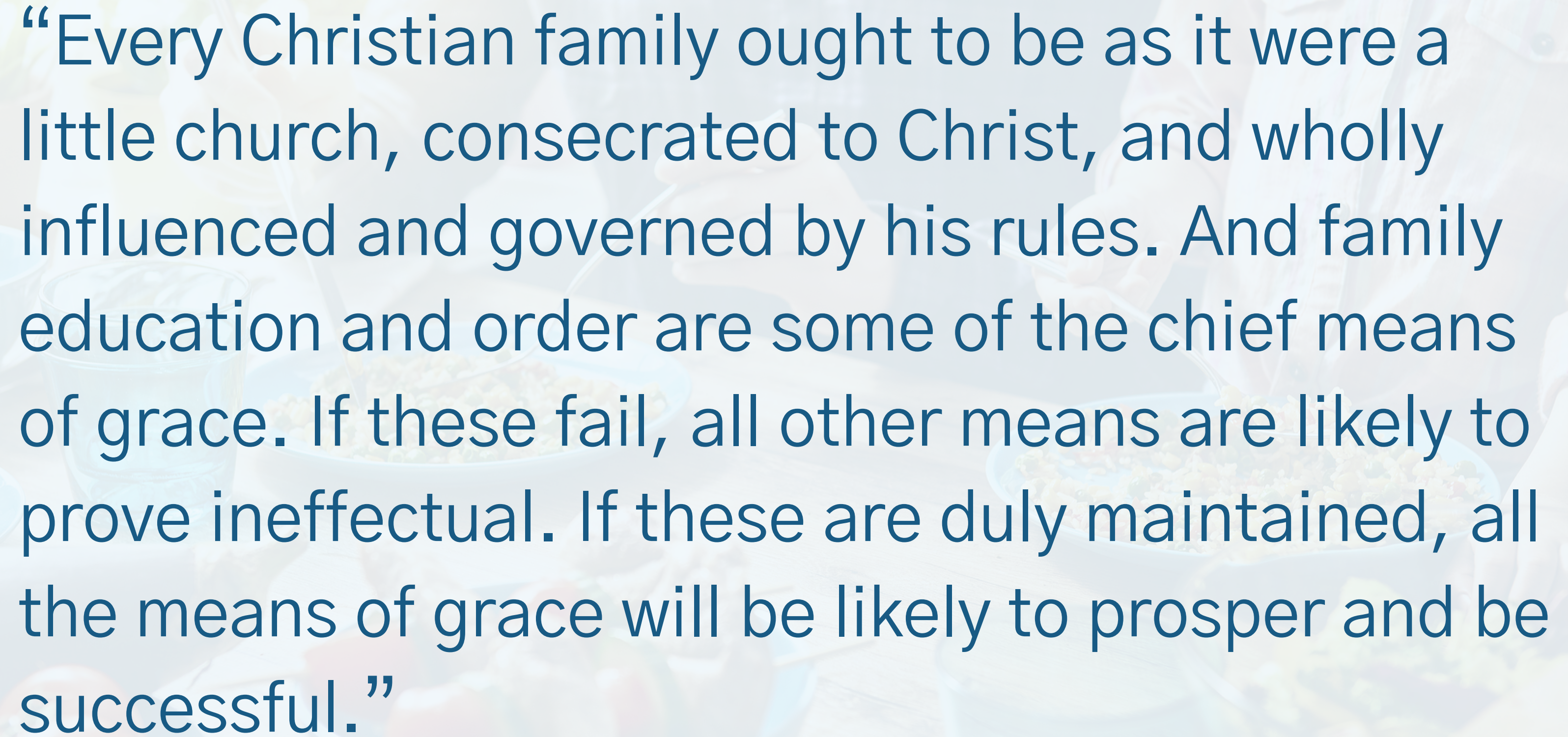
“Brethren, ye are ordained of God to rule your own houses in his true fear and according to his word . . . and therefore, I say, ye must make them partakers in reading, exhorting, and in making common prayers, which I would in every house were used once a day at least.”

John Knox



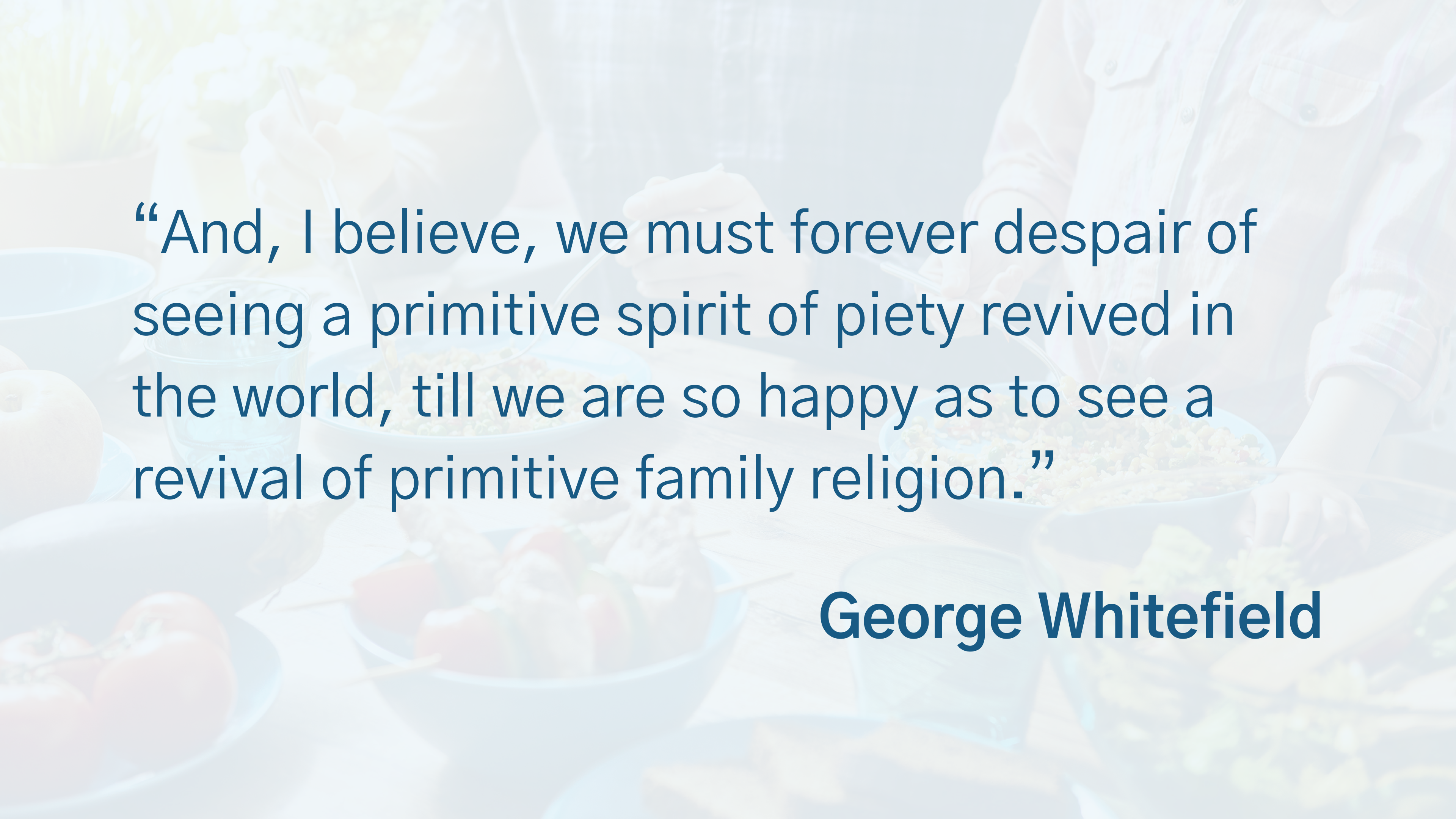
“... reform our families, engaging ourselves to a conscientious care to set before us and maintain the worship of God in them; and to walk in our houses with perfect hearts in a faithful discharge of all domestic duties, educating, instructing, and charging our children and households to keep the ways of the Lord.”

Puritan Congregation, 1677

A background image showing a family meal. Several hands are visible, holding plates of food and glasses. The scene is brightly lit, suggesting a warm, domestic setting. The food includes what appears to be a salad, bread, and other dishes. The overall tone is positive and communal.

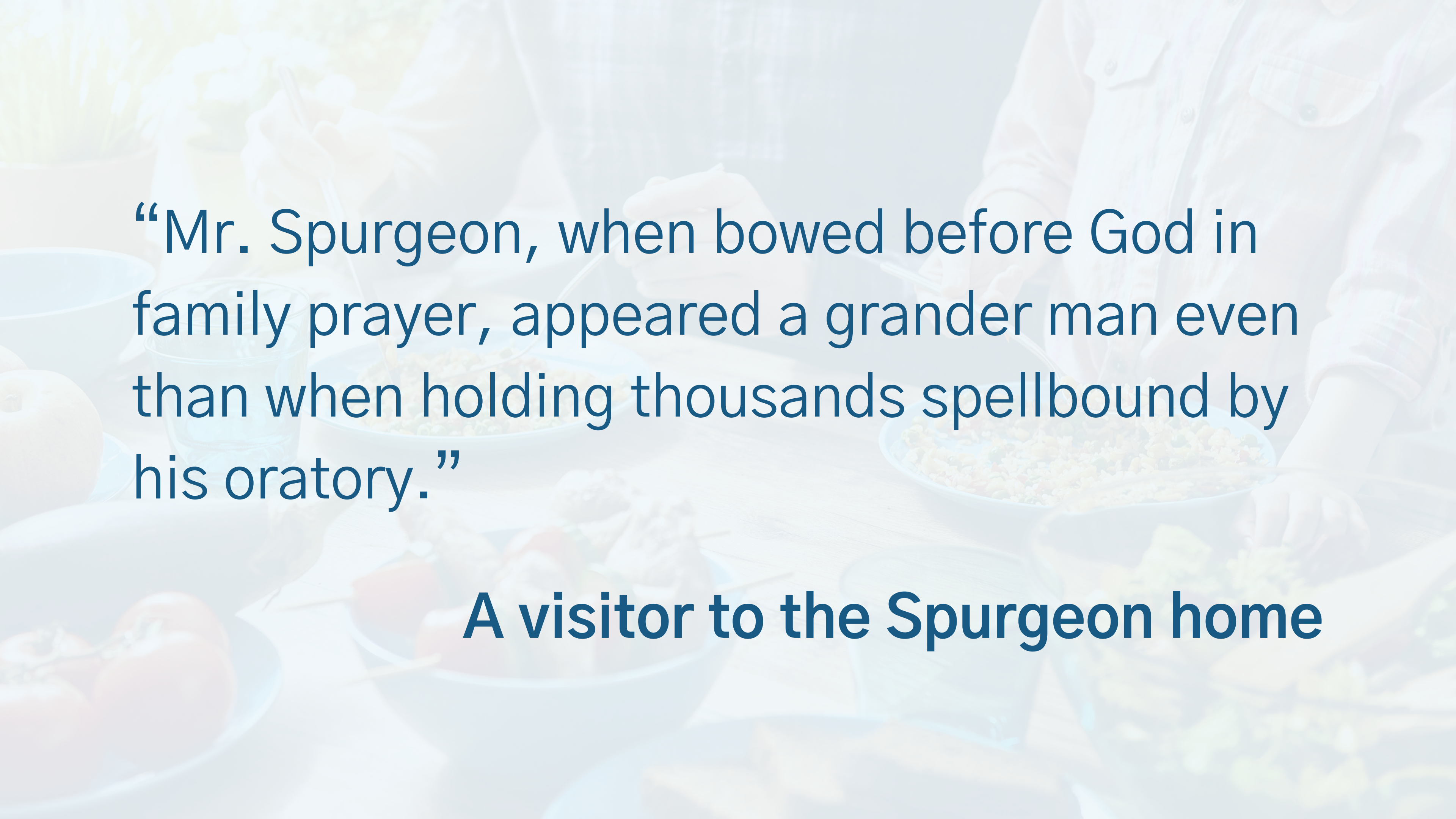
“Every Christian family ought to be as it were a little church, consecrated to Christ, and wholly influenced and governed by his rules. And family education and order are some of the chief means of grace. If these fail, all other means are likely to prove ineffectual. If these are duly maintained, all the means of grace will be likely to prosper and be successful.”

Jonathan Edwards

A background image showing a group of people sitting around a table, eating a meal. The image is faded and serves as a backdrop for the text. The people are wearing light-colored shirts, and the table is set with various dishes, including bowls of food and glasses of water. The overall atmosphere is warm and communal.

“And, I believe, we must forever despair of seeing a primitive spirit of piety revived in the world, till we are so happy as to see a revival of primitive family religion.”

George Whitefield

A group of people are seated around a wooden table, eating a meal. The table is set with various dishes, including bowls of food, plates of bread, and glasses. The scene is brightly lit, suggesting a warm and inviting atmosphere. The text is overlaid on the image in a dark blue, serif font.

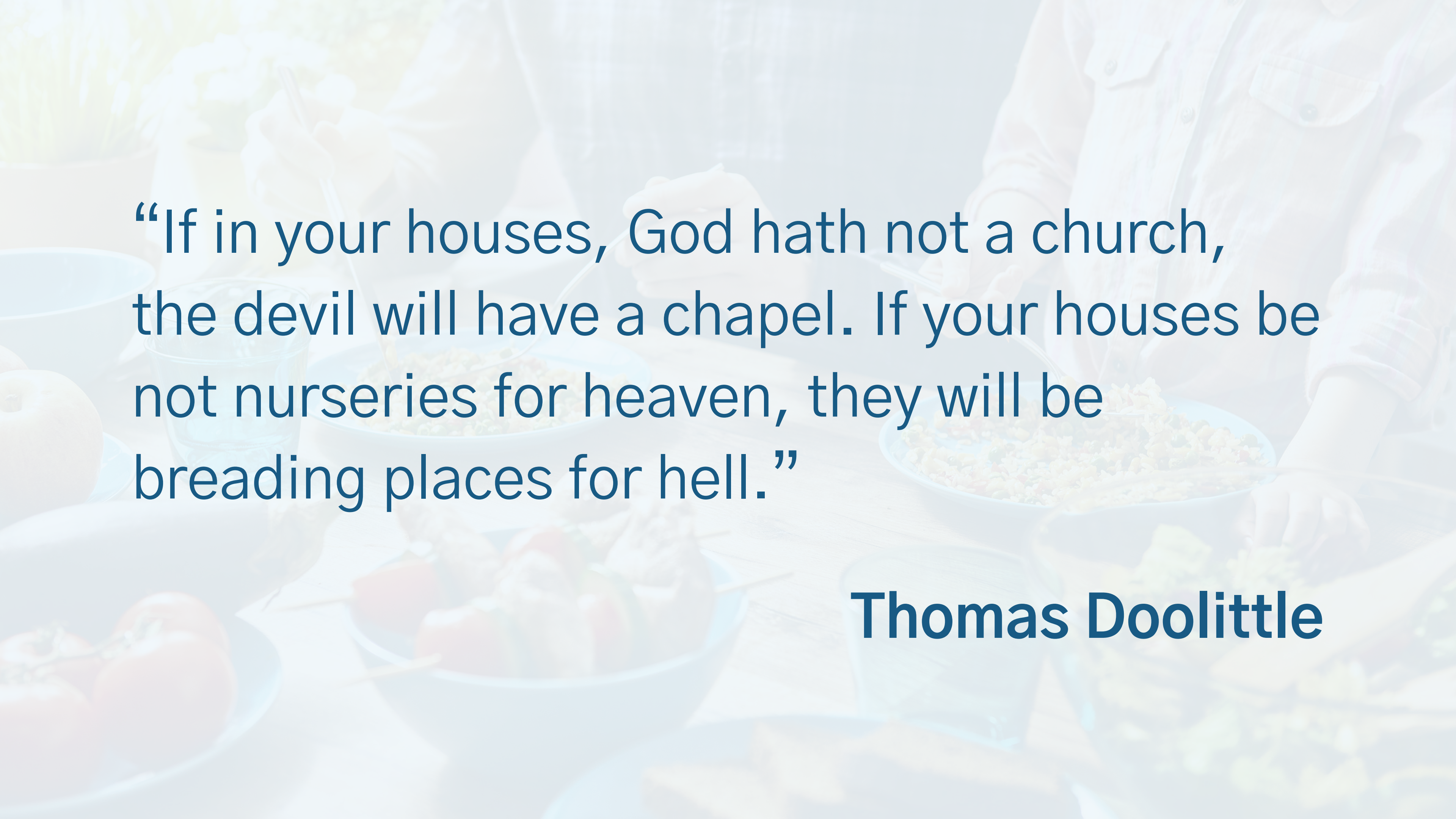
“Mr. Spurgeon, when bowed before God in family prayer, appeared a grander man even than when holding thousands spellbound by his oratory.”

A visitor to the Spurgeon home



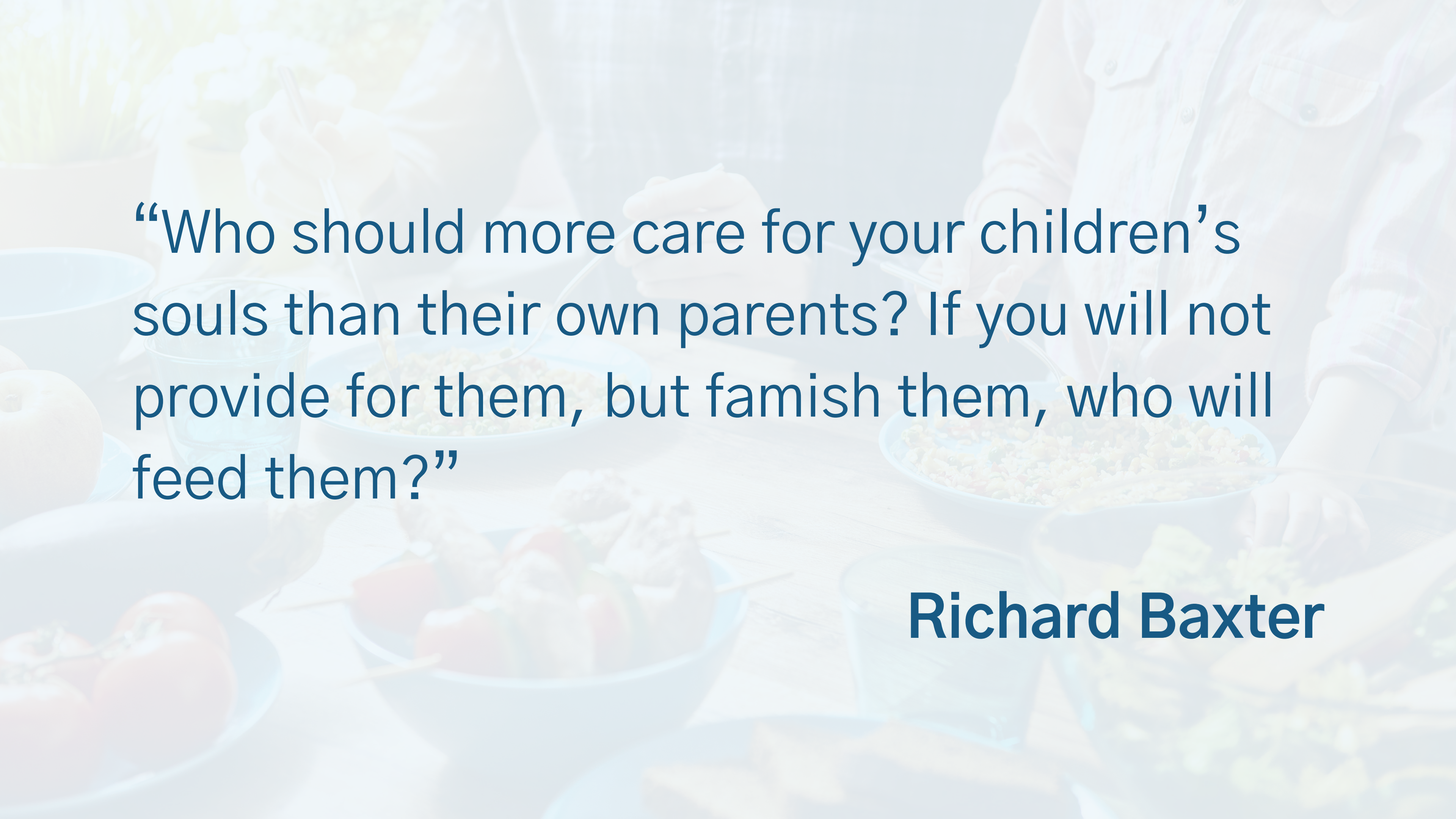
Why Must We Do Family Worship?

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YOUR FAMILY NEEDS IT

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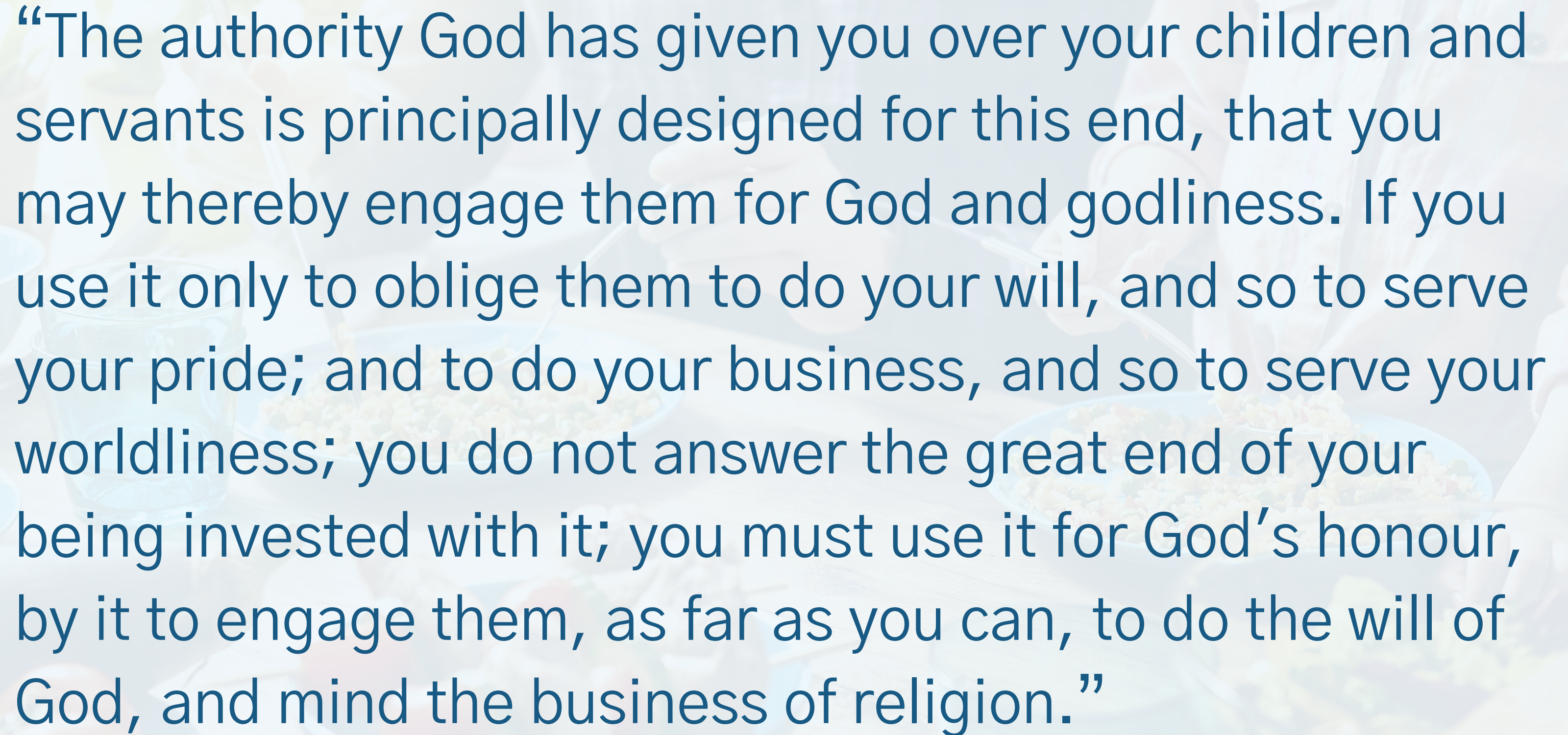
“If in your houses, God hath not a church,
the devil will have a chapel. If your houses be
not nurseries for heaven, they will be
breeding places for hell.”

Thomas Doolittle

A background image showing a group of people, including children, sitting around a table and eating a meal. The table is set with various dishes, including bowls of food, a glass of water, and a plate of fruit. The scene is brightly lit, suggesting a sunny day. The text is overlaid on the image in a dark blue font.

“Who should more care for your children’s souls than their own parents? If you will not provide for them, but famish them, who will feed them?”

Richard Baxter



“The authority God has given you over your children and servants is principally designed for this end, that you may thereby engage them for God and godliness. If you use it only to oblige them to do your will, and so to serve your pride; and to do your business, and so to serve your worldliness; you do not answer the great end of your being invested with it; you must use it for God’s honour, by it to engage them, as far as you can, to do the will of God, and mind the business of religion.”

Matthew Henry

Why Must We Do
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How Should We Do
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How Should We Do Family Worship?

PREPARATION

PLANNING

PERSISTENCE



Preparation for Family Worship

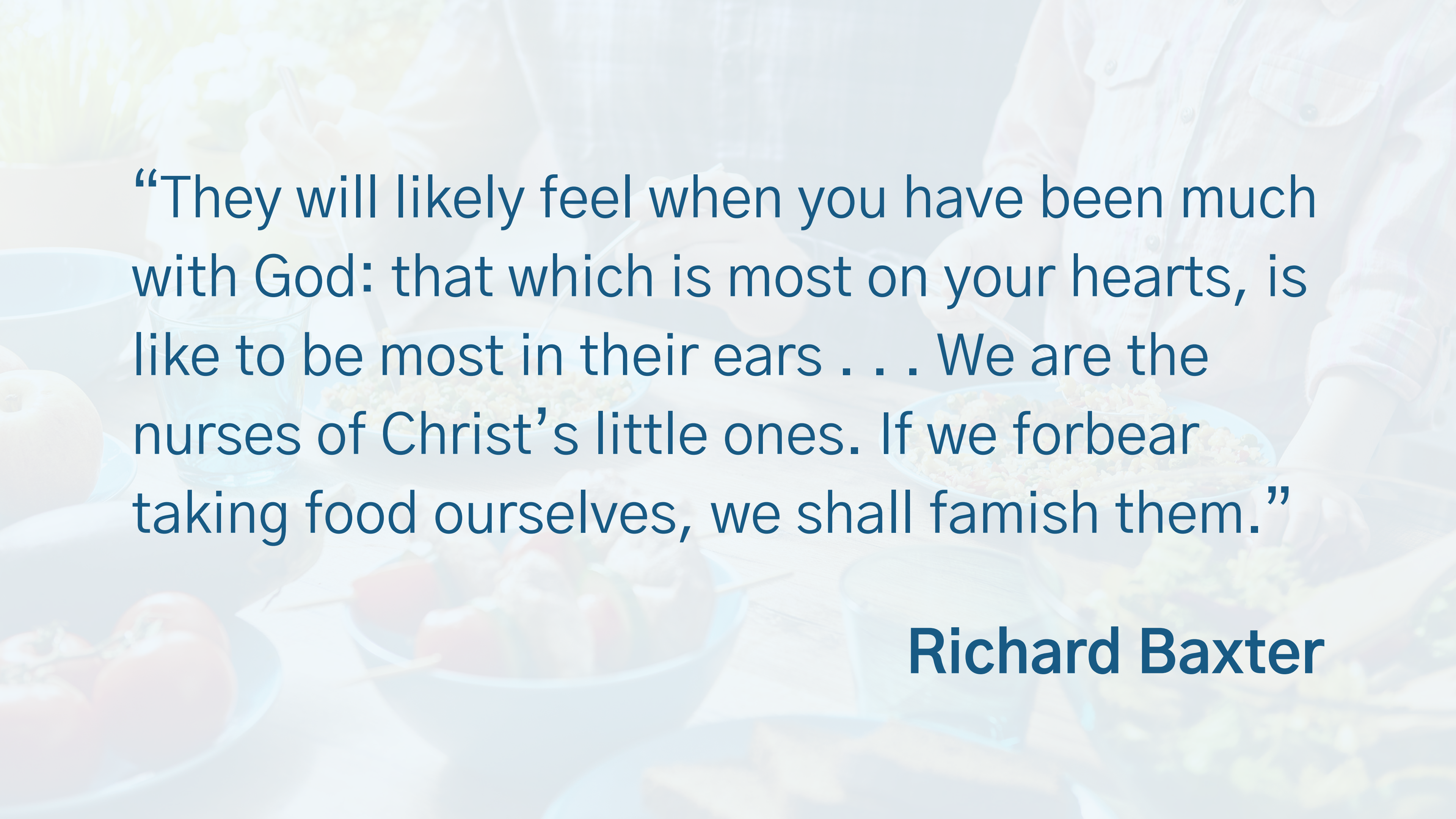
Do your devotions

Grow in godliness

Discipline your children

Set realistic, ambitious
expectations



A background image showing a group of people sitting around a table, eating a meal. The image is faded and serves as a backdrop for the text. The people are seen from the chest up, and they are holding plates and glasses. The food on the table includes what looks like a salad, bread, and other dishes. The overall atmosphere is warm and communal.

“They will likely feel when you have been much with God: that which is most on your hearts, is like to be most in their ears . . . We are the nurses of Christ’s little ones. If we forbear taking food ourselves, we shall famish them.”

Richard Baxter

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A group of people are seated around a wooden table, eating a meal. The table is set with several blue plates and bowls containing various dishes, including what appears to be a salad, a bowl of fruit, and a bowl of pasta or grains. The people are wearing light-colored shirts, and the overall atmosphere is bright and casual. The text is overlaid on the image in a dark blue font.

“Your evil example . . . will prejudice them more than your instructions and prayers will edify them.”

George Hammond

A background image showing children sitting around a wooden table, eating a meal. The image is faded and serves as a backdrop for the text. The children are using forks and knives to eat from plates. There are various dishes on the table, including what looks like a salad, bread, and other food items. The lighting is bright and natural, suggesting an outdoor or well-lit indoor setting.

“Do not forget that children learn more by the eye than they do by the ear.”

J. C. Ryle

A group of people are seated around a wooden table, eating a meal. The table is set with various dishes, including bowls of salad, plates of food, and glasses. The scene is brightly lit, suggesting a sunny day. The image is overlaid with a semi-transparent blue filter.

“They will sooner believe your bad lives than your good words.”

Richard Baxter

Preparation for Family Worship

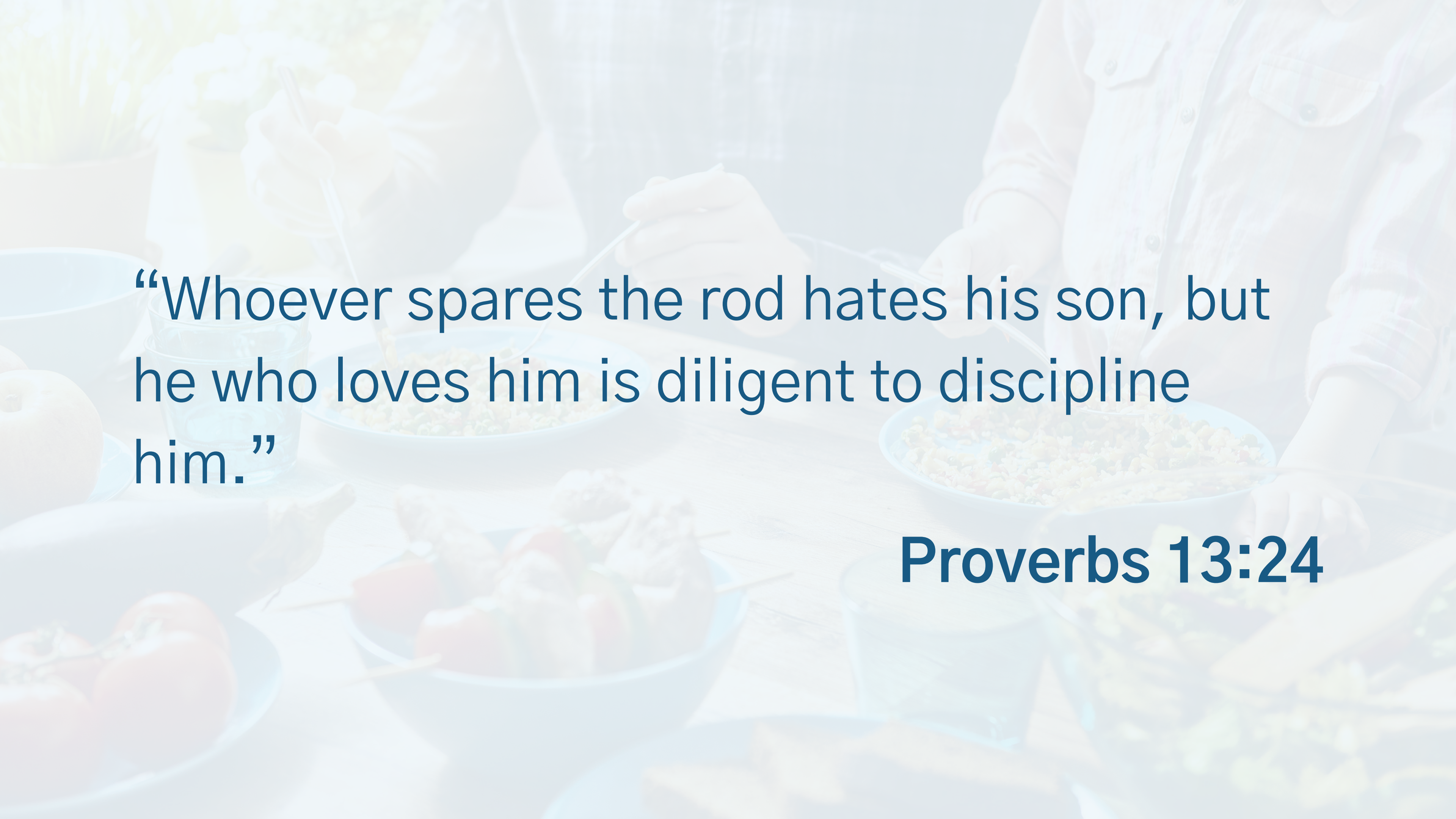
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A group of people are seated around a wooden table, eating a meal. The table is set with several blue plates and bowls containing food, including what appears to be a salad or grain dish, and some skewers. A glass of water is visible on the table. The background is softly blurred, showing more of the dining area. The overall atmosphere is warm and communal.

“Whoever spares the rod hates his son, but he who loves him is diligent to discipline him.”

Proverbs 13:24

A group of people are seated around a wooden table, eating a meal. The table is set with several blue bowls and plates containing food, including what appears to be a salad, a bowl of rice or grains, and some bread. The people are wearing light-colored shirts. The scene is brightly lit, suggesting a sunny day. The text is overlaid on the image in a dark blue font.

“The rod and reproof give wisdom, but a child left to himself brings shame to his mother.”

Proverbs 29:15

Preparation for Family Worship

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A group of children are sitting around a wooden table, eating a meal together. The table is set with various dishes, including bowls of rice, plates of meat and vegetables, and glasses of water. The children are wearing light-colored clothing, and the scene is brightly lit, suggesting a sunny day. The overall atmosphere is warm and communal.

“Folly is bound up in the heart of a child, but the rod of discipline drives it far from him.”

Proverbs 22:15

And Moses commanded them, “At the end of every seven years, at the set time in the year of release, at the Feast of Booths, when all Israel comes to appear before the Lord your God at the place that he will choose, you shall read this law before all Israel in their hearing. Assemble the people, men, women, and little ones, and the sojourner within your towns, that they may hear and learn to fear the Lord your God, and be careful to do all the words of this law, and that their children, who have not known it, may hear and learn to fear the Lord your God, as long as you live in the land that you are going over the Jordan to possess.”

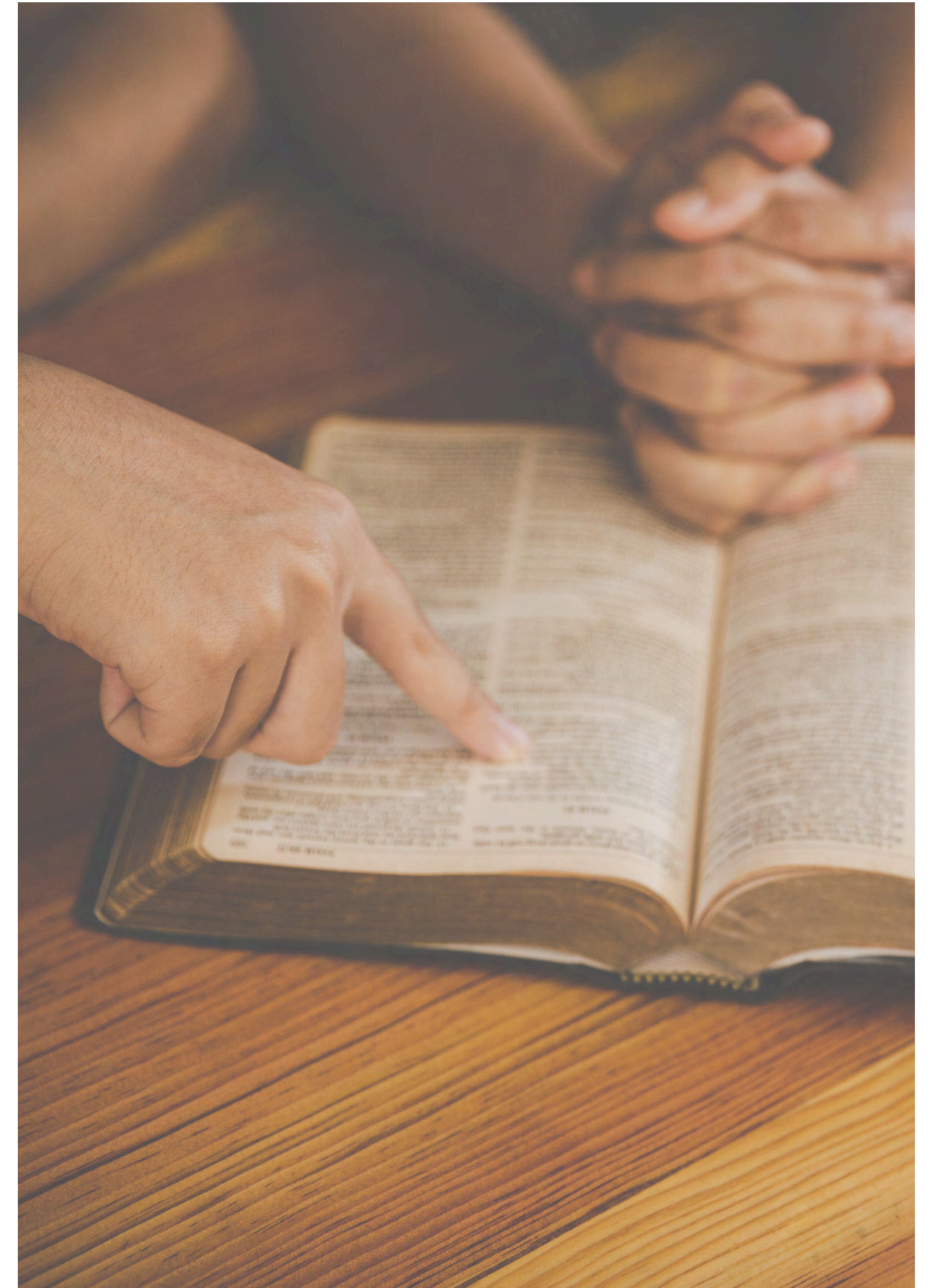
Deuteronomy 31:10–13

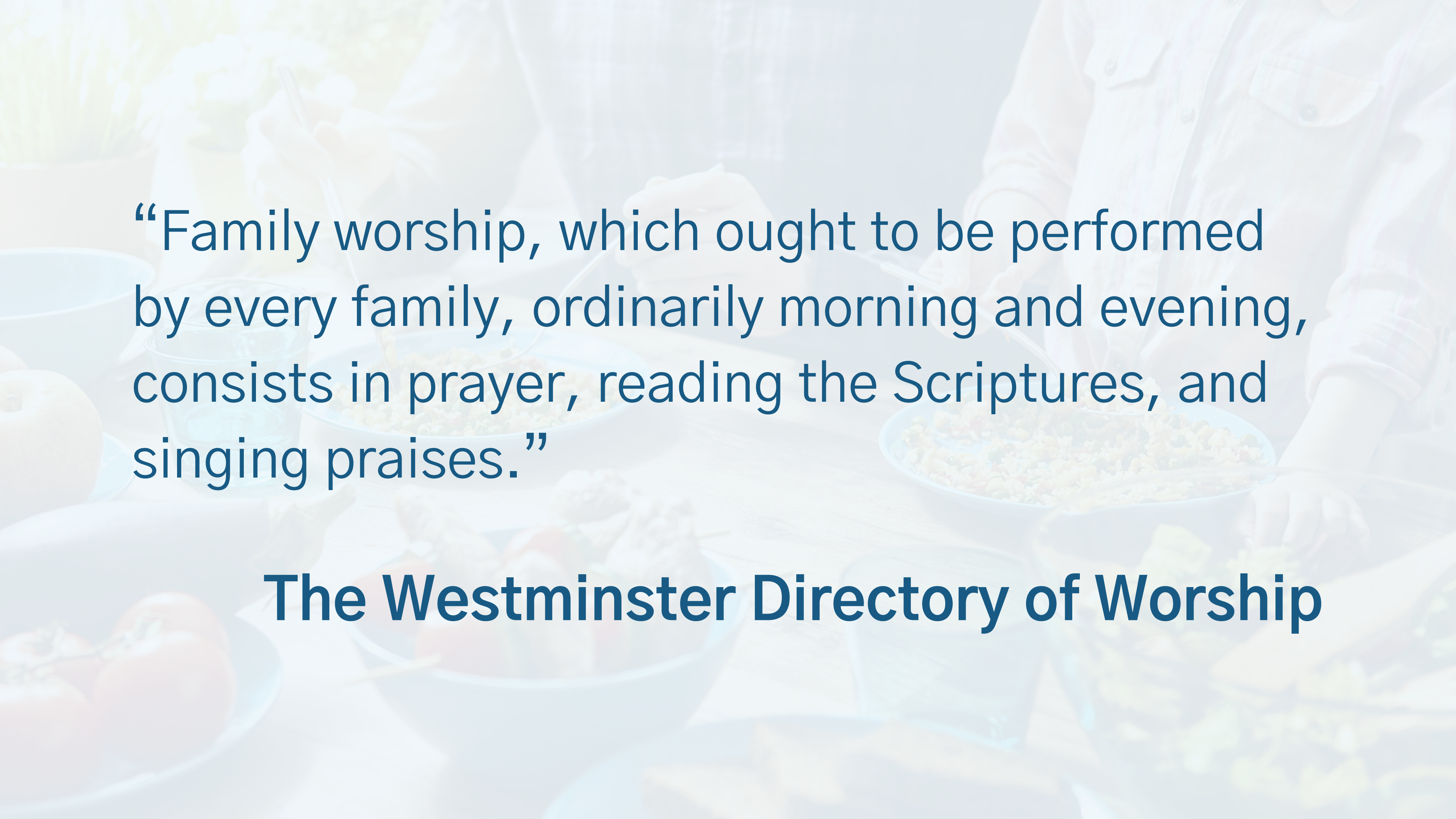
How Should We Do Family Worship?

PREPARATION

PLANNING

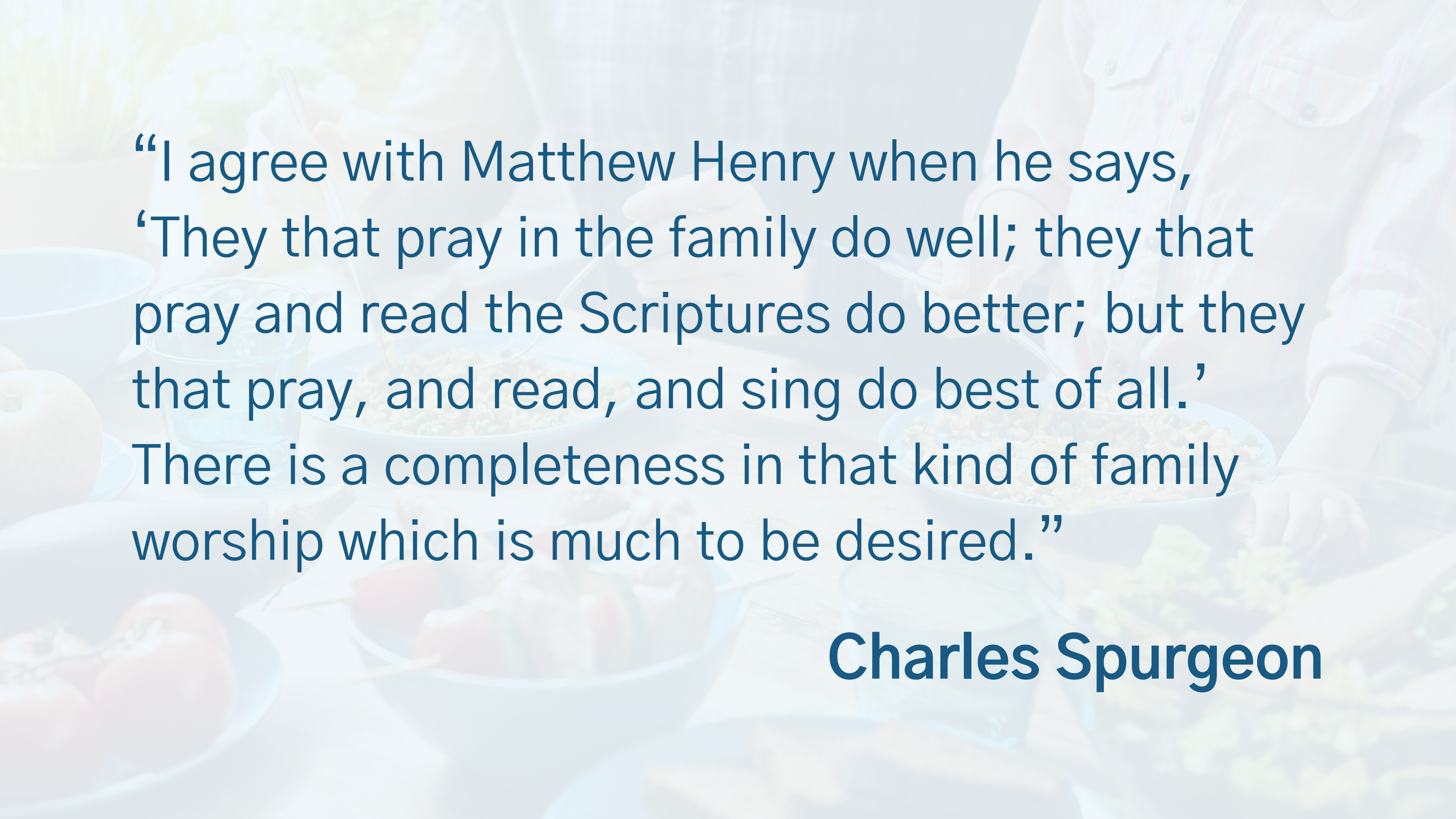
PERSISTENCE





“Family worship, which ought to be performed by every family, ordinarily morning and evening, consists in prayer, reading the Scriptures, and singing praises.”

The Westminster Directory of Worship

A background image showing a family meal. Several hands are visible, holding plates of food, including what appears to be corn, tomatoes, and other dishes. There are also glasses of water on the table. The overall scene is warm and domestic, with a soft, slightly blurred aesthetic.

“I agree with Matthew Henry when he says,
‘They that pray in the family do well; they that
pray and read the Scriptures do better; but they
that pray, and read, and sing do best of all.’
There is a completeness in that kind of family
worship which is much to be desired.”

Charles Spurgeon

A Practical Plan for Family Worship

Read

Pray

Sing



A Practical Plan for Family Worship

Read

Talk

Pray

Learn

Sing

Read





How Should We Do Family Worship?

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PLANNING

PERSISTENCE



“If you love your children; if you would bring down the blessing of heaven upon your families: if you would have your children make their houses the receptacles of religion when they set up in life for themselves; if you would have religion survive in this place, and be conveyed from age to age; if you would deliver your own souls – I beseech, I entreat, I charge you to begin and continue the worship of God in your families from this day to the close of your lives . . . Consider family religion not merely as a duty imposed by authority but as your greatest privilege granted by divine grace.”

Samuel Davies



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